

Children's Newsletter

St Margaret Mary's

Luke 4:1-13

**1st Sunday
of Lent**

In today's Gospel we hear that Jesus goes into the desert for 40 days where he is tempted by Satan. Satan promised him all sorts of things but Jesus would not give in to something that was wrong.

He gave us all an example of how we should behave.

This week we should try to be more like him.

Lent

Did you notice that we did not say the Alleluia at Mass before the Gospel reading? When do you think we will say this Gospel acclamation again?

We are always encouraged to give up something or do something for Lent. This practice of denying ourselves is used to help us focus our attention on Jesus and his place in our lives.

What are you doing for Lent?

Lent is a special time when we say sorry for things we have done wrong and try to become more like Jesus.

Sometimes it is quite difficult to say sorry. Nobody likes to admit that they are wrong. Here is a prayer that might help you find the right words.

Act of Contrition

O my God, I am sorry for my sins because I have offended you. I know I should love you above all things. Help me to do penance, to do better, and to avoid anything that might lead me to sin.

Amen.

Superhero –Noah

Noah was told by God to build a large ark for him and his family and for two of every animal. Noah did as God had asked even though his neighbours thought he was crazy. The Ark was huge and when it was ready Noah and his family went on board. With them were two of every kind of animal and when they were all on the ark the rain began.

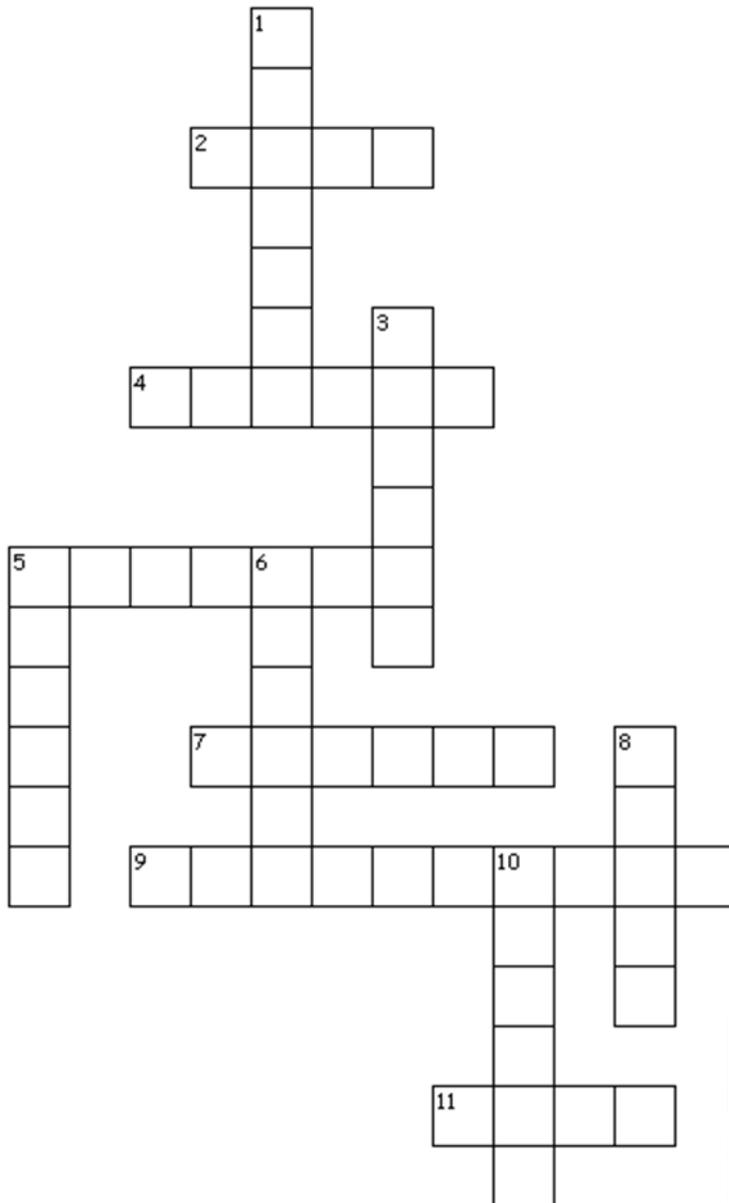
It rained for forty days and forty nights and the waters rose and flooded the earth. After 150 days Noah sent out a raven and then a dove. After the second time the dove flew out of the ark, it came back with a freshly picked olive branch. Noah knew then that the waters had gone down.

After Noah, his family and the animals came out of the ark, Noah thanked God for saving them all. God made a covenant (agreement) with Noah that there would never be such a huge flood again and to show that he would keep his promise God put a rainbow into the sky.

When you have coloured the picture why don't you try drawing your own picture?



What do you remember?



Across

2. This was St Paul's original name
4. This person fought the battle of Jericho
5. Which angel asked Mary to have the baby Jesus?
7. This is one of the symbols of Baptism
9. Paul wrote to this group of people
11. Who wrote the oldest Gospel?

Down

1. Which saint started the tradition of the crib?
3. What colour does the priest wear in Lent?
5. This is where Corinth is
6. This country lies to the East of the River Jordan
8. Who was swallowed by a whale?
10. This prophet told about the birth of Jesus

Across: 2 Saul, 4 Joshua, 5 Gabriel, 7 candle,
9 Colossians, 11 Mark
Down: 1 Francis, 3 purple, 5 Greece, 6 Israel,
8 Jonah, 10 Isaiah

The Cross

In ancient times the cross was a symbol of punishment. Criminals would be nailed to the cross until they died.

However, when Jesus was crucified it became a symbol for his death and how he had suffered and died for us.

For Christians the Cross has become a symbol of hope.

All churches will have a crucifix, which is the main ornament behind the altar. These will have the figure of Jesus nailed to the Cross and we will use a large one during the Good Friday Service.

The cross on the right is at the back of the Church. On the Cross above the altar in St Maragret Mary's, Jesus is not nailed to the Cross but is shown as the risen Lord.

